English Soccer Experience What to bring

- Enough soccer equipment and clothing to last 5 or 6 days including a ball. Shinguards are mandatory and correct soccer footwear for outside fields is necessary. The fields are artificial turf fields so cleats or flats are appropriate. TRY NOT TO BRING NEW SHOES.
- A water bottle to take to the fields.
- During the afternoon session it often rains and sometimes gets a little chilly so pack a rain top or sweats. The temps drop during the evening session also.
- Sunscreen, chapstick the sun is extremely strong at altitude.
- Even though there is very little downtime after the sessions, it is advised that all participants bring some casual wear that they can change into after the day's soccer activities are complete.
- Bed linen (twin size beds) blankets/sleeping bags, pillow, towels, and toiletries. A fan is strongly recommended as the dorms do get hot even though the temps outside are cool.
- Game consoles, video games, small TVs. There are refrigerators in the rooms.
- Candy, snacks, and soda are allowed. They can also be purchased on campus. Water and sports drinks are allowed.
- Cell phones are allowed under the following conditions:

Phones are allowed to be turned on throughout the day. However, we do encourage players to use sparingly as we want players to enjoy the interactions with the other campers!

The camp staff does carry cell phones and if players need to contact parents they can do so during the periods of downtime. If parents need to communicate info to players during camp please call Andy Ward.